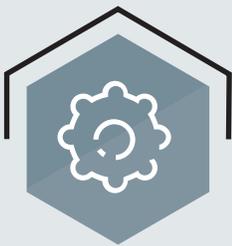


MAKE IT YOUR MISSION

DIETITIAN

Find **YOUR** Total Reward\$ of a VA Career

At VA, you have more than a job—you have a mission to serve Veterans who have borne the battle with honor. As a dietitian at VA, you will conduct nutrition assessments with a patient-centered approach. Dietitians are a vital part of the interdisciplinary team serving Veterans in programs such as Whole Health, Healthy Teaching Kitchens (HTK), our comprehensive weight management program MOVE!, and Diabetes Education Groups, and more. Practicing at the top of your scope of practice is valued at VA, and you have access to continuing education opportunities to expand your knowledge through education calls, national workgroups, and toolkits. You support VA's mission by working with Veterans as they progress through their health journey using your counseling skills to help motivate Veterans for positive behavior change.



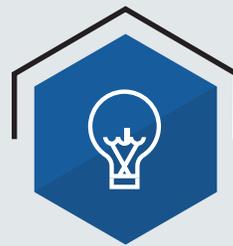
COVERAGE

Rest easy knowing that VA has you and your family's insurance needs covered. Insurance coverage may follow you into retirement after 5 years of vested service and maintaining FEHB in the 5 years leading up to retirement (conditions apply).



CAREER AND GROWTH

Start your career at VA and benefit from opportunities to build your skills and professional growth by leveraging VA professional development programs to fit your specific long-term career goals.



RETIREMENT BENEFITS

Earn an amazing retirement package including a traditional (defined benefit) federal pension, a 401(k) Thrift Savings Plan (TSP) with employer matched contributions, and Social Security.



CREDIT FOR MILITARY

As a VA employee, you can choose to carry over eligible military service time that can be added to your total years of creditable service for retirement pension calculation purposes (conditions apply).



"I have been a VA Dietitian for 17 years and I love the endless opportunities and practice areas VA has to offer. I started my career as an inpatient clinical dietitian, moved into ambulatory care where I obtained my diabetes educator certification (CDCES), and then moved to our Dietetic Internship Director position. Dietitians are valued at VA, and I enjoy working with interdisciplinary teams. Everyday, I have the opportunity to give back to those who served our country, and that provides me a great sense of service back to the Veterans."

Jackie Roos MS, RDN, LDN, CDCES, FAND
Dietetic Internship Director

SAMPLE TOTAL REWARD\$

Let's do the math!

Find Your Total Reward\$ of a VA Career as a Dietitian

This Total Reward\$ sample is a generalized report reflecting the potential monetized value of a full VA compensation package for a full-time employee*



Sample Annual Total Reward\$ Worksheet

Compensation + Benefits = Your Total Reward\$*

Direct Compensation

Salary Examples **\$80,000** **\$85,000** **\$90,000**

Total Rewards of Benefits Provided by VA

Health Insurance Premium Subsidy	\$15,896	\$15,896	\$15,896
Social Security	\$4,960	\$5,270	\$5,580
Medicare	\$1,160	\$1,233	\$1,305
Basic Life Insurance	\$211	\$224	\$238
Thrift Savings Plan Federal 401(k) <small>(Employer Contributions)</small>	\$4,000	\$4,250	\$4,500
Federal Employee Retirement System <small>(FERS)</small>	\$13,280	\$14,110	\$14,940
Student Loan Repayment Program <small>(conditions apply, \$40k max/yr.)</small>	\$_____	\$_____	\$_____
Child Care Program <small>(maximum benefit/conditions apply)</small>	\$5,000	\$5,000	\$5,000

Annual Total Reward\$ **\$124,507** **\$130,983** **\$137,459**

*This calculation is a sample only and does not constitute a contract of employment or a guarantee of benefits or future employment. Certain elements vary and are based on specific circumstances. If your service includes part-time calculations, your total reward\$ and benefits will be proportionally prorated. For more information, please see www.opm.gov.

Spend time with family and friends with paid leave

Take time off. At VA, you start your career with 37 to 50 days of paid time off each year. Paid vacation, sick leave, and 11 paid federal holidays accrue right away with no limit on carry-over of accumulated sick leave.



Combined Leave

Estimated total annual combined value of paid holidays, sick leave and annual leave (37 - 50 days):

Avg. Salary	Est. Total annual combined value (37 - 50 days)
\$80,000	\$11,346 - \$15,333
\$85,000	\$12,056 - \$16,291
\$90,000	\$12,765 - \$17,250



Paid Parental Leave

Estimated total paid parental leave (12 weeks, if taken conditions apply):

Avg. Salary	Est. Total paid parental leave (12 weeks, if taken)
\$80,000	\$18,400
\$85,000	\$19,550
\$90,000	\$20,700

This value estimate does not represent additional compensation, but rather the value of paid time off based on a \$80,000, \$85,000 and \$90,000 annual salary, number of 8-hour days of paid leave and holidays (37-50).